North Highlands Recreation & Park District

RECREATION GUIDE

WINTER 2026 - 2027
DECEMBER - FEBRUARY



So many Events coming up this season!

Turn to pages 6–7 to discover all 6 events happening this winter! From family fun to seasonal celebrations, there's something for everyone!

www.nhrpd.org
@NHRPD
(916) 332-7440
6040 Watt Avenue, North Highlands, CA 95660

NORTH HIGHLANDS
Recreation and Park District

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BOARD OF DIRECTORS

The North Highlands Recreation and Park District's Board of Directors consist of 5 individuals who have been elected or appointed to represent the North Highlands community. Board Directors set policies that guide the District and are committed to serving the community's park and recreation needs.

Joanna McVay - Chairperson (Term expires 12/26)
Crystal Harding-Jenkins - Vice Chairperson (Term expires 12/28)
Patrick Williams - Secretary (Term expires 12/26)
Zach Freels - Board Member (Term expires 12/28)
Beau Reynolds - Board Member (Term expires 12/28)

BOARD MEETINGS

The Board of Directors meet on the second Thursday of each month at 6:30pm in the Recreation Center located at 6040 Watt Avenue in North Highlands. The public is encouraged to attend in-person or participate by Zoom!

Upcoming Dates:
November 12th, December 10th, January 14th, February 11th

DISTRICT INFORMATION

Mission Statement

To help enrich and fulfill the lives of the citizens through the provision of facilities and programs that will provide and enhance creative, wholesome and imaginative leisure time living patterns with emphasis on family and youth oriented programs.

District Office

6040 Watt Avenue, North Highlands CA 95660
Phone: (916) 332-7440
Email: Recreation@nhrpd.org
Office Hours: Monday - Friday, 9:00am - 4:30pm

District Holiday Closures

The District Office will be **closed** on:
December 24th: Christmas Eve
December 25th: Christmas Day
December 31st: New Year's Eve
January 1st: New Year's Day
January 18th: Martin Luther King Jr. Day
February 8th: Lincoln's Birthday
February 15th: Washington's/President's Day

STAFF DIRECTORY

Administration

Scott Graham - District Administrator
Scott@nhrpd.org
Terri Kollorz - Administrative Services Manager
Terri@nhrpd.org

Parks Division

Kevin Kelly- Parks and Facilities Superintendent
Kevin@nhrpd.org
Sergio Portela - Park Maintenance Supervisor
Sergio@nhrpd.org
Larry Craig - Maintenance II Worker - Facilities
Larry@nhrpd.org
Barry Barlett - Maintenance II Worker - Parks
Barry@nhrpd.org

Recreation Division

Rachel Robertson - Recreation Superintendent
Rachel@nhrpd.org
Kayla Thayer - Recreation Supervisor
Kayla@nhrpd.org
Kelly Jew - Recreation Coordinator
Kelly@nhrpd.org
Amaya Barnes - Recreation Coordinator
Amaya@nhrpd.org

A NOTE FROM THE DISTRICT ADMINISTRATOR



Dear North Highlands Community,

As we welcome the winter season, I am excited to share some long-awaited news about a project that has been years in the making. Sierra Creek Park is finally on the doorstep of becoming a reality!

In December 2021, the North Highlands Recreation and Park District received the wonderful news that we had been awarded a $2.8 million State Proposition 68 grant to help develop a new community park. What followed was a lengthy and sometimes challenging process of planning, design, coordination, and obtaining the necessary approvals to move forward.

Today, I am pleased to report that we have reached a significant milestone. With the County approval process essentially complete, we opened construction bids in October and anticipate breaking ground as early as November. If all goes according to plan, we could be celebrating the opening of Sierra Creek Park within the next year!

For our District, this represents much more than the beginning of a construction project. It is the culmination of years of effort, persistence, and a shared commitment to providing quality parks and recreational opportunities for our community.

I also want to take this opportunity to thank our residents, particularly those who live near the future park, for their patience throughout this process. We understand that progress has taken longer than anyone anticipated. Your continued support and enthusiasm have helped reinforce why this project is so important.

Sierra Creek Park will be a wonderful addition to our growing park system, providing another place for children to play, families to gather, neighbors to connect, and residents of all ages to enjoy the outdoors. Beyond the recreational opportunities, new parks contribute to the character, health, and vitality of our neighborhoods. They are investments not only in our community today, but in the generations who will call North Highlands home in the years ahead.

I am especially proud of the dedication of our District staff and the many partners who have helped bring us to this point. Projects of this magnitude require patience, teamwork, and a willingness to work through challenges. Their efforts have brought us to the exciting chapter that lies ahead.

On behalf of our Board of Directors and District staff, thank you for your continued support. We look forward to an exciting year ahead as we bring another great park to North Highlands.

Scott Graham, District Administrator

Mark your calendars!



11/2
WINTER REGISTRATION OPENS!
www.nhrpd.org





12/4
HOLIDAY EXTRAVAGANZA & TREE LIGHTING
5:30pm - 7:30pm
Community Center

12/12
BREAKFAST WITH SANTA
9:00am - 11:00am
Community Center





12/15 & 12/16
ROCKIN' AROUND NORTH HIGHLANDS
6:00pm Start
Memorial Park &
Karl Rosario Park
Neighborhoods

2/5
CUPID'S CREW VALENTINE DANCE
6:00pm - 8:00pm
Community Center



4 RENTALS

DISTRICT OFFICE FACILITY RENTALS

To receive a quote, please submit an application **at least 45 days in advance of rental date.**
Please visit **www.nhrpd.org/facility-rentals** for additional information.



Kay F. Dahill Community Center

The Kay F. Dahill Community Center offers a spacious setting for wedding receptions, quinceañeras and other large scale social gatherings.

- Can comfortably seat 275 people for dinner
- Can seat 285 people for assembly (chairs only)
- Includes WiFi, kitchen, stage, tables, and chairs
- **Refundable Security Deposit**: $500.00
- **Location**: 6040 Watt Ave, North Highlands, CA 95660



Recreation Center

The Recreation Center offers a great space for gatherings, intimate baby showers, meetings, and other social gatherings for small groups.

- Can comfortably seats 60 people for dinner
- Can seat 78 for assembly (chairs only)
- Includes WiFi, kitchen, tables, and chairs
- **Refundable Security Deposit:** $500.00
- **Location**: 6040 Watt Ave, North Highlands, CA 95660

GYM RENTALS

General-use reservations must be made **at least 1 week in advance of rental date.**
Gym rentals must be reserved for **a minimum of 2 hours.**
Please call us at (916) 332 - 7440 to inquire.



Capehart Gym

Capehart Gymnasium is perfect for sporting events and practices. **Food/drinks are not allowed** in this gym.

Location: 7916 Aztec Way, Antelope
Fees:

- $65.00/hour (General-use)
- $85.00/hour (Tournament-use)
- **Refundable Security Deposit**: $170.00 (Tournaments only)

All tournament rentals must complete and submit an application at least 2 weeks in advance of tournament date.



Ridgepoint Gym

Ridgepoint Gym is located at Ridgepoint Elementary school. It is not a full-size gym but is perfect for kids' sports games, practices and birthdays (see next page).
Location: 4680 Monument Drive, Sacramento
Fees:

- $45.00/hour (General use)
- $65.00/hour (For-Profit use)
- $150.00 for Birthday Party Package
  - 2 hours rental with themed games

FREEDOM PARK PAVILION RENTALS



Freedom Park

From November to February, Freedom Park Pavillions are on a first-come, first-serve basis. Picnic rentals will be available the first weekend of March 2027. Splash Pad will be turned on during the first weekend of May 2027.

SEE SOMETHING? SAY SOMETHING.

Please report any suspicious activities to:

- NHRPD District Office
  - (916) 332-7440, M-F, 9:00am - 4:30pm
- Anytime outside of District office hours
  - Sheriff's non-emergency line:
    - (916) 874-5115
- For emergencies, please call 911



Aardvark
$160.00 Per Day



Roger Dickinson
$160.00 Per Day



Liberator
$110.00 Per Day



Constellation
$130.00 Per Day



Starfighter
$130.00 Per Day



BROCK PARK FIELD RENTALS

Brock Park Sports Complex fields are now available for rent!

If you're looking for a space to host your next game, practice, or special event? Check out our recently renovated Brock Park! We offer a variety of fields available for rent, perfect for youth sports, adult leagues, tournaments, and community gatherings.
Location: 3730 Antelope Road, Antelope, CA 95843

Visit our website for pricing and additional rental information!



MERRY MAKERS VOLUNTEER DAY

This is a great opportunity for teens, adults and seniors to help prep for all the holiday community events coming up in North Highlands! Assist with stuffing holiday bags, prepping event decorations and other goodies. Interested in volunteering?

Use the QR Code or email kayla@nhrpd.org.

Day	Date	Time	Location
Wed	Dec 2	2:00pm - 4:30pm	Recreation Center





BREAKFAST WITH SANTA

Slip into your coziest holiday PJs and get the holiday magic rolling at Breakfast with Santa! Enjoy fluffy pancakes, tasty breakfast favorites sponsored by Family Community Church, warm coffee, and juice while making magical memories. Snap a photo with Santa, write your letter to the North Pole, and get creative with a holiday craft!

Highlands Holiday Market is Back!
Your little elves get first access to our festive market for a $1.00 per gift (limit 4 per child) and even get help wrapping them! All proceeds go toward our scholarship fund, so your child's holiday shopping spreads joy to the whole community. **Cash only**.

Day	Date	Time	Location	Fee
Sat	Dec 12	9:00am - 11:00am	Kay F. Dahill Community Center	$8.00 per participant

ROCKIN AROUND NORTH HIGHLANDS

Santa Claus and his festive crew, along with the Sheriffs Youth Activity League, Sacramento Metro, and Foothill Highlands Rotary, are spreading holiday magic through several neighborhoods this December! Get ready for candy canes, twinkling lights, and plenty of holiday cheer.

Catch the parade from your front yard or join the fun along the route. Check out the schedule below to see when Santa is expected to arrive, and visit our website for full route maps. Do not miss the chance to share in the holiday cheer!

Date	Time	Location
Dec 15	6:00pm Start	Memorial Park Neighborhood
Dec 16		Karl Rosario Park Neighborhood



Holiday Extravaganza & Tree Lighting

Join Cindy Lou Who and help the Grinch by lighting up the holidays with a night full of festive fun! Enjoy activities like cookie decorating, a free hot cocoa bar, and other festive activities to start off the season bright. The magical tree lighting kicks off at 7:00 PM, followed by a snowfall that will make even the Grinch's heart grow three sizes!

Day	Date	Time	Location	Fee
Fri	Dec 4	5:30pm - 7:30pm	Kay F. Dahill Community Center	FREE!





Highlands Holiday Market

Missed Breakfast with Santa? No worries! Stop by the Recreation Center and get a little holiday shopping done! Our Holiday Market will have fun finds for just $2.00 per item, making it easy to pick up a few special gifts without breaking the bank.

Cash only

Everything is first come, first served, so be sure to shop early! And to make gifting even easier, wrapping paper will be available while supplies last. All funds support our scholarship fund.

Date	Time	Location	Fee
Dec 14 - 15	10:30am - 4:00pm	Recreation Center	Free to Enter!

Cupid's Crew Valentine Dance

Cupid's Candy Shop

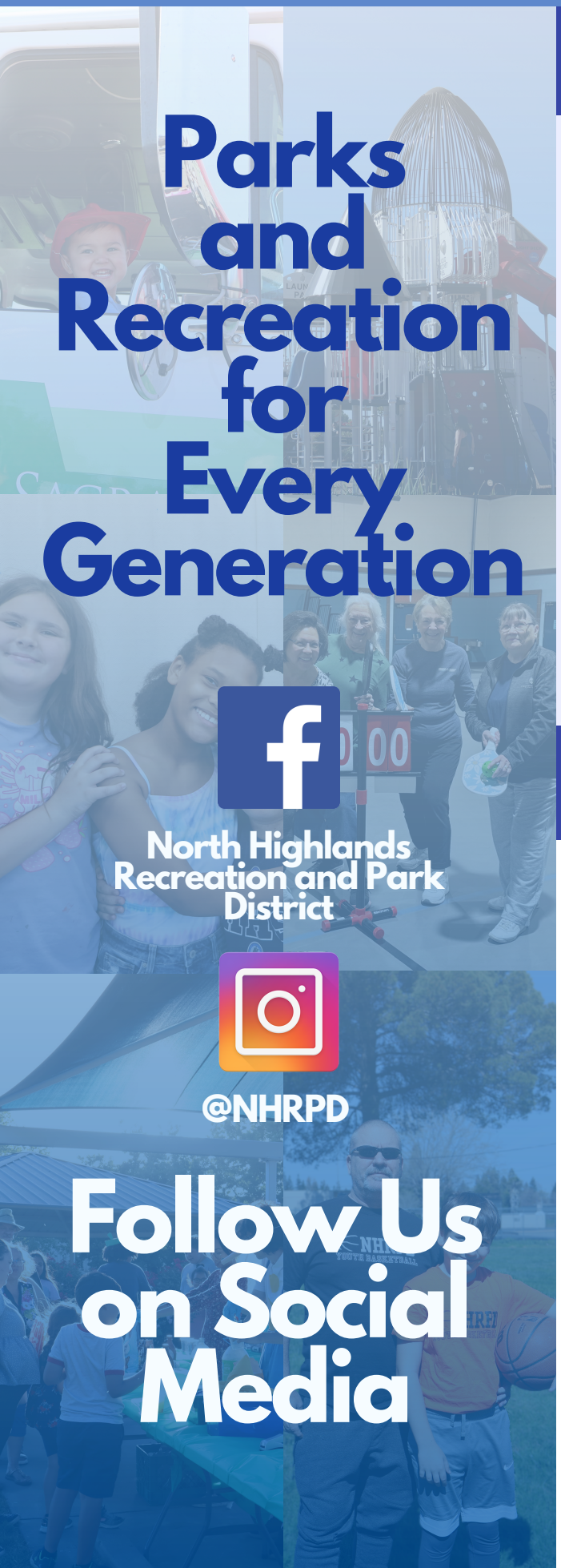
Step into Cupid's Candy Shop for a Valentine's night that's sure to be extra sweet! Families and friends are invited to dance the night away surrounded by candy-inspired decorations, colorful treats, fun music, and plenty of Valentine's Day magic. Enjoy tasty snacks and sweets, fun games and activities, a festive photo area, and lots of opportunities to make memories together. Whether you're showing off your best dance moves, playing games, or simply enjoying a sweet night out, Cupid's Candy Shop is the perfect place to celebrate the season of love!

Day	Date	Time	Location	Fee
Fri	Feb 5	6:00pm - 8:00pm	Kay F. Dahill Community Center	$8.00 per participant

DON'T MISS OUT!

Join our Newsletter Today!

To sign up, go to www.nhrpd.org and click on "Join our mailing list" on the bottom of the page.



WINTER REGISTRATION BEGINS NOVEMBER 2ND

How to Register

- Go to **www.nhrpd.org/register**
- Click the "Sign In/Up" button.
  - First Time Users - Click the "Join" button.
  - Returning Users - Enter your log-in information.
- After logging in, click the "Activities" tab near the top of the page and browse our selection of program and events.

We strongly recommend using a desktop or laptop for online registration. Registration may be difficult using mobile devices. Registration for most events and programs are closed 1 week prior to the event/program date.

Processing fees will be applied for all transactions.

Refund Policy

All refund requests must be made either by a written letter that is turned in at the North Highlands District Office or by email to Recreation@nhrpd.org.

Refund requests for events or programs must be submitted 7 days or more prior to the first event or program date to qualify for a refund. The full refund policy can be found on our website.

PROGRAM SCHOLARSHIP OPPORTUNITIES

Would you like to participate in a program at North Highlands Recreation & Park District but can only cover part of the cost?
Apply for our scholarship!

Eligibility

- Live within District boundaries or within the 95660 zip code
  - Attach documents to the application
- Scholarships are available for:
  - Youth (17 years or younger)
  - Seniors (55 years and older)
- Scholarships cover 50% of any program cost up to $150.00 per participant per fiscal year.

How to Apply

- Complete the scholarship application and provide proof of residency.
- Submit the application and attached documents in person to our district office at least 10 business days prior to the program start date.
- The application and more details about the scholarship program are posted on our website:
  - **www.nhrpd.org/scholarship-program**

SPONSORED PROGRAM SPOTS!

Does your child attend a Twin Rivers school? If so, you may be eligible to have your child attend our programs for FREE! Visit our website for more details! www.nhrpd.org/sponsored-programs

TOTS

Pop Into Play

This toddler-friendly program is designed for little ones to explore, create, and socialize through hands-on activities, sensory play, music and imaginative adventures. Each day will feature a new theme filled with opportunities to learn, play, and make new friends.



Day	Date	Time	Location	Ages	Fee
Tues	Jan 26 - Feb 9	9:00am - 9:45am	Recreation Center	1 - 3	$25.00

COOKING

Youth and Teen Cooking Class: Winter Whisk Up!

Learn kitchen basics while making fun, seasonal recipes! This hands-on class teaches essential cooking skills and builds confidence—all while tasting your delicious creations.

December 17th: Homemade Cookies and Hot Cocoa
January 21st: Chicken & Veggie Dumplings with Soy Ginger Sauce and Sweet Chili Mayo
February 18th: Chocolate Covered Fruit Bouquet and Raspberry Poptarts

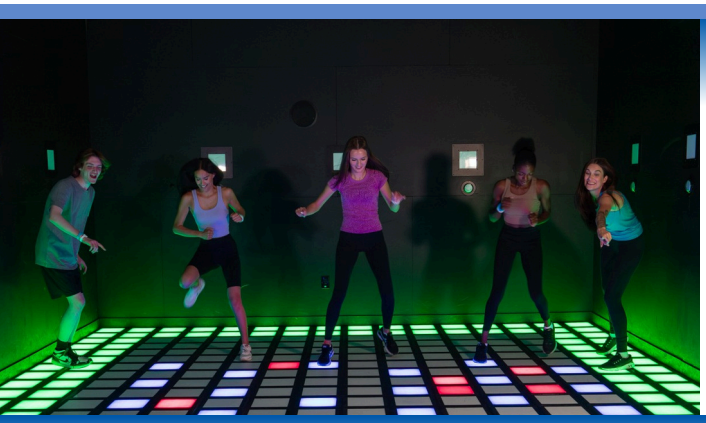
Day	Dates	Time	Location	Ages	Fee
Thurs	Dec 17	5:30pm - 7:00pm	Recreation Center	7 - 16	$25.00
Thurs	Jan 21	5:30pm - 7:00pm	Recreation Center	7 - 16	$25.00
Thurs	Feb 18	5:30pm - 7:00pm	Recreation Center	7 - 16	$25.00

YOUTH

Youth Hobby Hop: Discovery Lab

Explore the exciting world of science in this one-day, hands-on program! Participants will experiment, discover how things work, and take part in fun science activities that encourage creativity, curiosity, and problem-solving. It's the perfect opportunity for young scientists to learn something new while having fun!

Day	Date	Time	Location	Ages	Fee
Thurs	Jan 28	5:30pm - 7:00pm	Recreation Center	7 - 12	$25.00



TEENS

Teen Field Trip: ACTIVATE

Get ready for an exciting trip to Activate! Teens will team up to tackle interactive games, glowing obstacle courses, and action-packed challenges that test their speed, strategy, and teamwork. Bring your competitive spirit and see if your crew has what it takes to beat the games!

Day	Date	Time	Location	Ages	Fee
Mon	Dec 21	Pick up at 10:00am	Pick up at Recreation Center	12 - 16	$35.00

DANCE

Youth Beginner Ballet Class

Ballet is an open class for new students to learn ballet. This class will introduce the basic terminology and steps needed to understand the building blocks of a ballet class. This is a great class for those who always wanted to dance ballet.
***Ballet shoes and a leotard attire are required**

Day	Dates	Time	Location	Ages	Fee
Wed	Dec 2 - 16	4:30pm - 5:15pm	Recreation Center	5 - 10	$32.00
Wed	Jan 6 - 27	4:30pm - 5:15pm	Recreation Center	5 - 10	$42.00
Wed	Feb 3 - 24	4:30pm - 5:15pm	Recreation Center	5 - 10	$42.00

Youth and Teen Dance Workshop

Whether you're looking to improve your skills, learn new techniques, or just have fun, this dance workshop offers something for everyone. Don't miss the chance to learn from the best and be part of a supportive, energetic community. This is both a Youth and Teen dance workshop.

Day	Dates	Time	Location	Ages	Fee
Wed	Dec 2 - 16	5:30pm - 6:30pm	Recreation Center	5 - 16	$32.00
Wed	Jan 6 - 27	5:30pm - 6:30pm	Recreation Center	5 - 16	$42.00
Wed	Feb 3 - 24	5:30pm - 6:30pm	Recreation Center	5 - 16	$42.00

TOTS

Pee Wee Basketball

This program provides youth an opportunity to learn the fundamental basics of offense, defense, and practice basic skills in a non-competitive, positive environment. No parent participation for this program.

Days	Dates	Time	Location	Ages	Fee
Sat	Jan 9 - Feb 13	9:00am - 10:00am	Capehart	4 - 6	$55.00



YOUTH SPORTS

Youth Basketball Open Gym

Get warmed up for the upcoming basketball season with some practice time at Open Gym! A great opportunity to sharpen skills, and meet other community and league members.

Day	Dates	Time	Location	Ages	Fee
Tues	Dec 1 - 22	6:30pm - 8:30pm	Ridgepoint	7 - 16	Free

Youth Cheer

Cheer is a great way to gain self-confidence and leadership, while developing crucial social skills through teamwork. Participants practice once a week in preparation for cheering at the NHRPD Youth Basketball League.

	Day	Dates	Time	Location	Ages	Fee
Practices	Thurs	Feb 4 - Mar 27	6:00pm - 7:15pm	Community Center	5 - 12	$56.00
Games	Sat		TBD	Capehart		

Youth Basketball League

This lightly competitive league gives players an opportunity to learn the rules of basketball and develop basic skills like passing, dribbling, and shooting, while also teaching the importance of teamwork and good sportsmanship.
Leagues are divided into 2nd/3rd grade, 4th/5th grade, and 6th/7th grade divisions.

***League communication is sent through email – please check spam/junk folder and monitor emails from amaya@nhrpd.org and activenet@active.com so that you do not miss important updates.**

	Day	Dates	Time	Location	Divisions	Fee
Practices	Tues, Wed, or Thurs	Feb 2 - Mar 27	TBD	Capehart or Ridgepoint Gym	2nd/3rd Grade 4th/5th Grade 6th/ 7th Grade	$78.00
Games	Sat			Capehart		



Adult Coed Recreation Volleyball

Step up and get ready to spike, serve, ace, bump, and more! Our co-ed sixes recreational Volleyball league is run year-round.
Sign up as a team or an individual free agent.

All skill levels welcome.

Day	Dates	Time	Location	Ages	Fee
Mon	Dec 7 - Feb 1	6:30pm - 9:30pm	Capehart Gym	18+	$190.00/team

***No Games January 18th**

Pickleball

Sign up with friends or join solo. Whether you are a beginner or looking to sharpen your skills, this lightly competitive program provides an opportunity to compete against others in the fast-growing sport of pickleball.

SENIORS 55+ ARE FREE.

Day	Dates	Time	Location	Ages	Fee
Fri	Dec 4 - 18	10:00am - 12:00pm	Capehart Gym	18 - 55	$10.00
Fri	Jan 8 - 29	10:00am - 12:00pm	Capehart Gym	18 - 55	$10.00
Fri	Feb 5 - 26	10:00am - 12:00pm	Capehart Gym	18 - 55	$10.00

***No Pickleball December 25th and January 1st**

SENIOR GAME DAY

This program is designed for seniors who love games and socializing. Whether you enjoy card games, board games, or just great company, there's something for everyone. Games are provided, but we encourage you to bring your favorite game to share with the group! Coffee is provided.

No Program January 18th and February 8th and 15th

Walk-ins welcome.

Day	Time	Location	Ages	Fee
Mon	10:00am - 1:00pm	Recreation Center	55+	Free

SENIOR BINGO

Win at a game of chance at our popular Bingo program! This weekly program is a great way to meet other community members, and have fun in a relaxed, welcoming environment.

Walk-ins welcome.

Day	Time	Location	Ages	Fee
Tues	9:00am - 12:00pm	Kay F. Dahill Community Center	55+	$0.05/card

SENIOR MOVIE DAY

Join our movie days where you can stay current on the movie releases or enjoy a classic with a side of popcorn.

Movies are December 2nd, January 6th, and February 3rd.

Walk-ins welcome.

Day	Time	Location	Ages	Fee
Wed	10:00am - Movie End	Recreation Center	55+	Free

SENIOR DANCE CLASS

This upbeat, fitness style dance class focuses on balance, range of motion and having fun! Designed for adults and seniors with all abilities. No equipment required.

No Program January 18th and February 8th and 15th

Walk-ins welcome.

Day	Time	Location	Ages	Fee
Mon	9:00am - 9:30am	Community Center	55+	Free
Thurs	9:30am - 10:00am	Community Center	55+	Free

HARVESTIME

Have fun while making new friends, enjoying guest speakers, playing cards, games, arts and crafts, and more! This weekly program has something for everyone.

No Program November 26th, December 24th and 31st

Walk-ins welcome.

Day	Time	Location	Ages	Fee
Thurs	9:30am - 1:00pm	Recreation Center	55+	Free

SENIOR FIELD TRIP

Join us for a fun senior field trip to the **California Automobile Museum** in downtown Sacramento! Explore a collection of classic and historic vehicles while learning about the history of the automobile. Enjoy a day of discovery, socializing, and reminiscing with friends. Lunch will be provided.

Day	Date	Time	Location	Ages	Fee
Wed	Jan 20	10:00 am Pick-Up	Recreation Center	55+	$35.00

SENIOR COOKING

NEW

Celebrate the season with a festive holiday cooking class designed for seniors! Discover simple, delicious holiday recipes and creative treats to share with family and friends at your holiday gatherings. Enjoy a relaxed, welcoming atmosphere, exchange ideas, and find inspiration to make your holiday celebrations extra special. This is a free event and a wonderful opportunity to connect with others while celebrating the season!

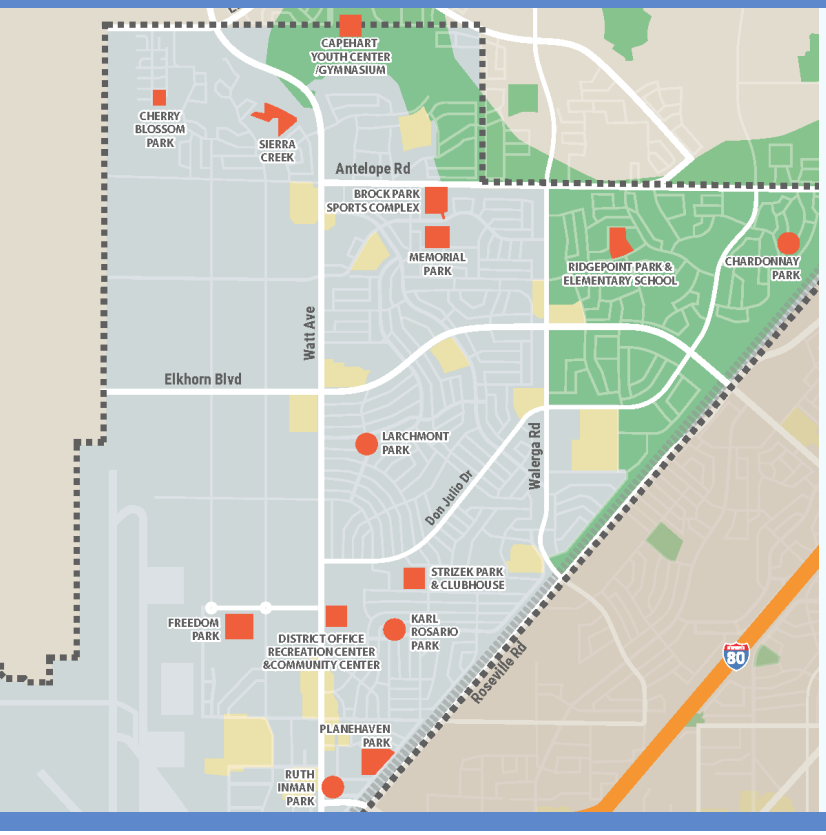
Spots Limited! Sign Up at the Front Desk.

Day	Date	Time	Location	Ages	Fee
Wed	Dec 16	10:30am - 12:00pm	Recreation Center	55+	Free



CHECK OUT OUR SENIOR PROGRAMS!

12 DISTRICT FACILITIES & PARKS MAP



PARK LOCATIONS

Brock Park	3730 Antelope Rd.	**Larchmont Park**	6528 Thomas Dr.
Capehart Gym	7916 Aztec Way.	**Memorial Park**	3911 Blackfield Dr.
Chardonnay Park	5171 Cherbourg Dr.	**Planehaven Park**	North Airway Dr.
Cherry Blossom Park	End of Bing Dr.	**Recreation Center**	6040 Watt Ave.
Community Center	6040 Watt Ave.	**Ridgepoint Park**	Tippwood Way.
District Office	6040 Watt Ave.	**Ruth Inman Park**	5216 Watt Ave.
Freedom Park	5931 Recreation Way.	**Sierra Creek Park**	7781 Watt Ave.
Karl Rosario Park	3929 Karl Dr.	**Strizek Park**	3811 Stephen Dr.

THANK YOU TO OUR SPONSORS!

We are grateful for the support from our sponsors!
Their contributions help us continue creating successful events for the North Highlands community.

Anthem® Walmart

BECOME A SPONSOR!

Each year sponsorships and donations play a major role in the success of North Highlands Recreation and Park District community events. Check out below for our sponsorship tiers and benefits.

Community Helper - $500

Featured on District website for 1 year of donation
Verbal recognition at community events

Community Catalyst - $1,000

Community Helper Sponsor benefits
Listed as a sponsor at all major District events
Free vendor space at all major events

Highlands Champion - $2,000

Community Helper/Catalyst Sponsor benefits
Banner advertising your company at District facilities
Advertised in quarterly Recreation Guide

Highlands Hero - $2,500

Helper/Catalyst/Champion Sponsor benefits
Logo on all event marketing flyers
Listed as an annual sponsor on social media

